Welcome to our fall edition of the District Twelve DSB.

In this edition we’re including updates for you all from our clubs, committee chairs, and the District Board as well as International.

It is very encouraging to see a number of clubs doing such a great job of promoting their Community Support through Social Media. Social Media is such an effective way to help your ‘community’ to get out and support your projects and also to raise awareness of your Club. The more people we can get in front of the more we increase our chances of attracting new bees to our honey pot. On Facebook make sure each member ‘likes’ each post AND that they ‘share’ each post with their FaceBook friends.

Another way of increasing Altrusa awareness is to introduce new projects into your communities. The very nature of some projects means they may have outlived their life and it’s time to find another way to provide community support.

For example, some members may feel they can no longer contribute in ways they used to. Why not find other ways that fit with their needs, such as Altrusa Angels? These members visit with babies or patients in hospital whose families cannot be with them during the day. Or, they simply provide a ride to a doctor’s appointment. These are such valuable and meaningful ways of demonstrating support to your community. And, there’s no need to raise funds to do this. It is not always raising money that is important to providing Community Support. Sometimes it is all about the heart. And, Altrusans have lots of heart.

Looking at this from another angle, Altrusans also need the help of their giving to fit their needs. It’s our job to make sure we remain relevant to our key stakeholder OUR MEMBERS. I urge your club to conduct a Community Needs Assessment. This should begin with the resources you have available to provide your Community support since it is likely that the resources available five years ago are different than what is available now. And, remember your community includes those external to Altrusa as well as those internal to Altrusa – our members.

I encourage you and your club to talk about this openly and in a way that is inclusive of both the needs of members and of your wider community. Since some projects are very dear to the hearts of some of our members, and rightly so, it can be helpful to have a third party (District Champion during visitation perhaps) help your club with this so that all members can feel they are included and can provide input in a meaningful way. Remember, ‘YOUR VIBE ATTRACTS YOUR TRIBE.’

Most of all have fun! Please continue to share with the District Board the successes you are having. We love to hear from you.

Rhonda Hauter, District Twelve Governor
Your District Board, including special Guest Pat McClintock had a very productive meeting in Olympia, WA in August. Here are some highlights which will evolve over time and will be addressed at Conference:

**Review of District Strengths, Opportunities and Challenges.** The meeting began with round-table discussion on these items. We will continue to review these and use them to guide us going forward. In particular we discussed ways to involve more members in leading us into the Future as well as finding new ways for clubs to not only GROW! membership but also retain existing members.

**Finance Committee.** We formed a Finance Committee to review our financials, practices and procedures and to make recommendations to the Board for consideration at Winter Board meeting.

**Conference 2020.** We held a part of our meeting along with the Conference Organizing Committee at The Red Lion Hotel, the venue for our 2020 District Conference. We came away very encouraged by the facilities as well as the plans for Conference and will update you further as plans are formed up. Meantime, hold the dates of May 15-17, 2020 in your calendar. To allow for effective registration and ongoing conference management we will continue to move toward digital efficiency.

**Membership.** We voted in several new members to Emeritus status. The new Young Professionals member category was discussed. District Board has asked the Membership Committee led by Sarah Johnson to make a recommendation regarding a potential Young Professionals District Dues reduction, which if successful would be implemented for the 2020-2021 dues year. It will also address the potential fiscal impacts and benefits to District and Clubs. We plan on making a decision regarding this at our Winter Board meeting in January. Stay tuned.

**District Strategic Plan.** We approved the 2019-2021 plan and have included an overview in the DSB for your review. This should act as a springboard for Clubs’ in the preparation of their plans.

**Communications.** We agreed Social Media plays a strategic role for Altrusa to continue to raise awareness of us as an organization. We are very fortunate that Immediate Past Governor Bettina Schempf continues to work tirelessly to update District and Club Websites. Additionally, Facebook is playing an increasingly important role and Bettina has established a private Leadership Group for Club Leaders to communicate via Facebook in a private group format.

**District Financials.** We reviewed the District Financials including 2019 final Conference P&L. Due to the excellent management of the Conference Committee along with support provided by the Conference venue we had a good financial outcome. The District Financials continue to show the impact of net losses of members and is an area where Club Leadership can make a big impact. It is important for Club Leadership and Membership Committees to strategically focus on their Value Proposition as well as plans to GROW!

**Conflict of Interest:** All Board members signed a Conflict of Interest agreement. This requires an annual declaration by Board members as well as disclosure in writing in the interim of any actual or perceived conflicts.

**Committee Chairs:****Due to the extensive agenda we did not hold a conference call with District Chairs. We do plan to connect with them directly between meetings and during future Board meetings.

**Structure of Board and Committees:** The Board is conducting a structural review to help ensure the District structure continues to support involvement of members and effective operation of Committees that meet the future needs of a thriving organization.

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### BRR Updates and Amendments

Being in attendance at the International Convention Business Sessions is an exciting and enlightening opportunity to be active in democracy!! There were 25 proposed amendments that were debated and voted on by the Altrusan Delegates in attendance. Only four of the 25 amendments failed. The majority of the amendments were submitted by the International Board of Directors, most being housekeeping items to provide clarity in the language. District Twelve submitted a proposal to allow affiliate members eligibility to serve on District Committees. After some opposing debate, the revision was approved.

The most contentiously debated submission was a proposed change to the Altrusa Benediction. The proposal would have removed “greet our fellow man” and replace with “serve throughout the lands.” It was interesting, as always, to listen to the positions of fellow-Altrusans on change. What I learned, that I found exceptionally helpful, was that the Altrusan Benediction is not a policy but a tradition. Local clubs throughout Altrusa International have the ability to amend this benediction in ways that reflect the feelings of their members.

As BRR Chair, it is my responsibility to review individual Club’s Bylaws ensuring they’re in alignment with District Twelve and the International Bylaws. After International provides an update to their Bylaws I plan to reach out to each Club President in District Twelve to gather a copy of your Club’s Bylaws, and offer assistance to make amendments to reflect current practice in your Clubs. In the meantime, if you have questions, please contact me via phone or email. Please, if you email me, call or text me to look for your email message. Unfortunately, email message management can get tedious with Google deciding which category to place your message!!

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*Julie Baldwin, District BRR Chair*
ASTRA: Encouraging Service and Leadership for Young Adults

Debbie McBee, District Twelve ASTRA Chair and International ASTRA Chair

ASTRA is thriving in District Twelve! With fifteen ASTRA members from the Pendleton and Albany ASTRA clubs volunteering at our District Twelve Conference in May, many Altrusans had the opportunity to learn more about ASTRA and see our ASTRA members in action. Our ASTRA members also learned from our Altrusans, participated in our hands-on Days For Girls project, offered an ASTRA workshop, helped throughout the weekend, made thank you cards for veterans for Memorial Day, and played a rousing game of volleyball outside with Altrusans! We missed our Roseburg ASTRA members, who had a last minute event that prevented them from attending.

New this year at conference was the awarding of the ASTRA Service Award. First place went to the ASTRA Club of Pendleton for their Lunch Buddies Project. Second place went to the ASTRA Club of Roseburg for their SafeHaven Maternity Care Project. These were both outstanding service projects by ASTRA members! The Pendleton ASTRA Club ended up winning First Place on the International level at Convention. Congratulations! Keep up the great work, ASTRA!

ASTRA started in District Twelve in 2005 with the chartering of the Pendleton ASTRA club, then we added Roseburg in 2008, and the Albany ASTRA Club is very active and hopes to charter this Fall 2019. The Olympia Altrusa Club is off to a great start getting their middle school ASTRA club ready to charter this school year. We also have Spokane and Corvallis seriously considering sponsoring an ASTRA club, and a few other Altrusa clubs exploring the idea. That’s so exciting!

Altrusans sponsor ASTRA clubs, acting as mentors to their ASTRA club members who can be middle school, high school, community college, or college/university ages. ASTRA clubs can hold their meetings at a school, or can be chartered as a community group of mixed ages, not tied to a particular school. We help these young people grow in service, leadership, and self-confidence....and we hope to stay connected with them, encouraging them to consider Altrusa membership when they are ready.

If you need more information, the Altrusa International website has very extensive resources online now, from advisor information and forms to manuals, details about how to start a club, ASTRA service project ideas, scholarship information, and more. Check out the ASTRA website at astra.altrusa.org. Contact Debbie McBee at mmcbeed@aol.com or 541-969-8748 at any time for more ASTRA assistance.

Volunteering is the ultimate exercise in democracy.
You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in.
— UNKNOWN

The meaning of life is to find your gift. The purpose of life is to give it away.
— WILLIAM SHAKESPEARE

Club Treasurers - Form 990 Reminder

This is a reminder to file your 990s by October 15, 2019, if you haven’t done so already. The 990 Forms are due by the 15th day of the 5th month following the end of the organization’s taxable year. The 990s provide the public with financial information about a nonprofit organization and is used by government agencies to prevent organizations from abusing their tax-exempt status.

WHICH FORM DO I FILE?
• Use Form 990-N for up to $50,000 in gross receipts.
• Use Form 990 EZ for $50,000 to 200,000 in gross receipts.
• Use Form 990 for gross receipts over $200,000.

Also - if your club experiences the passing of a member, please let me know so that I can a) inform International accordingly and b) complete the form to include them in our Memorial Tributes at District Conference and at International Convention.

Please don’t hesitate to reach out to me if you have any questions.

Maxine Gish, District Treasurer
Welcome Altrusans as we embark on our new biennium of 2019-2021. This biennium will be our 103rd year of our amazing organization. We have evolved into a top tier service organization of which can be extremely proud! I have a tremendous leadership team to support me during this biennium. I truly believe as my theme states Teamwork makes us proud! I have a tremendous leadership team to support me during this biennium.

My motto has always been to stress: Family first, Career second if you’re still working, Service third, which is of course, for many of us are our volunteer hours for Altrusa.

We live in one of the most challenging eras Altrusa has ever faced. A rising tide of technological innovations and entertainment opportunities has radically altered the social landscape of our world, fundamentally changing the way our society interacts. It is in this climate of fierce competition for people’s time that we are reaching out to those in our communities and inviting them to join us in sharing and caring. We must embrace this tide of change if we are to survive. We are forced to compete with powerful new technologies, like smartphones, tablets and all the modern social media and entertainment opportunities that come with them for our members’ and potential members’ valuable time and energy. We need to embrace this change and realize that it is the key to growth. By embracing the tide of change, we will be able to ride atop it and increase our membership, instead of letting change simply wash over us.

We, the members of Altrusa, should continue to exhibit passion, enthusiasm and energy for our organization while participating in our fundraisers and projects. We need to emphasize to non members the wonderful philanthropic arm of our International Foundation and all they contribute throughout the world!

By working together and embracing change, we will achieve our monumental goal of growing our membership. We can reverse the trend of a declining membership and fight to retain our members. To be able to continue to benefit from change, we need to always remember that it is change—not chance—that will get us there.

Our International Service Goal is to “Lead to a Better World” by educating our members of the needs outside our local community. We hope to create a list of Projects currently being supported by Altrusa International and our Clubs and a list of resources for clubs to make use of.

Governor Rhonda wishes to continue the support of Days for Girls and we have some great things lined up for Conference in Olympia.

As of July 1, Days for Girls has distributed 1,531,987 kits to girls and women in need. That seems like a huge number that has been helped, but sadly there are still approximately 2 Million still in need. Imagine being sent to a little stone hut during your period with an open hole for a door, no room to stand up and no protection from snakes or other creatures just because you are on your period!

Days for Girls is well established and has been in business for 11 years. You can participate as a Chapter, Team, Club (younger members), Solo Sewist and they even have Enterprise Businesses in some countries who sell “Kits”. Each level requires training and has restrictions.

Since its inception, DFG has had over 28 revisions of the kits because they listen to needs and ideas for improvements. They’ve come a long way since the first kits were delivered in “bags” made from the legs of denim jeans! Cont’d....

Days for Girls is currently in 141 Countries on 6 Continents. Some countries have strict requirements and they are constantly changing and being updated. For example, Uganda has strict requirements for the longevity of the kits. Some countries no longer allow plastic bags so Zip Loc baggies would not be acceptable and they have created a new component called a “Transport Bag” made with PUL and there are a couple of alternatives for these. Cambodia is currently working on incorporating DFG into their standard curriculum so progress is being made because of this program. If you are sending kits or delivering kits to a foreign country, find out if there are any specific requirements before you send.

These are just some of the highlights from the NW Regional Conference and Training this past August. Please contact me if you have information or projects to share or if you have a specific need I may be able to help with. Stay tuned—there’s more to come.

Sara Burt, District International Relations Chair, Past Governor
altrusaprez@yahoo.com

Six District Twelve Altrusans attended the Northwest Regional Days for Girls Conference and Training in Stanwood, WA in August.
Build Your Leadership Skills: Altrusa Mentoring

When the new International Strategic Plan was developed in 2016 to commence after the Convention in 2017 it included the need to develop a strong leadership mentoring program as a way that Altrusa can attract and retain members and to strengthen the leadership in our organization. This is in keeping with our tagline – “Leading to a Better cCommunity.” In developing this program, the Altrusa Mentors Task Force reviewed more than ten (10) other mentoring programs primarily for service organizations and surveyed Altrusans about their interests and desires for such a program.

Altrusa Mentoring is a relationship in which an experienced Altrusan (Mentor) assists another Altrusan (Mentee) in developing specific skills and knowledge that will enhance the less-experienced Altrusan’s personal growth leading to satisfaction, fulfillment and retention. Although we do not specifically address mentoring Altrusans in their professions, the same principles would apply and Altrusans may well find other Altrusans who can serve as their professional mentors.

This program is both for new Altrusans and those who are ready to continue their journey as leaders in our wonderful, dynamic organization. It is also for those “seasoned” Altrusans who want to help these emerging leaders on their amazing, rewarding, and challenging journey. Our organization will be stronger because of the effort from those Altrusans engaging in this mentorship program.

The goals of the Altrusa Mentors Program are to:

- Develop to a better community through engaging new members and increasing the retention rate of current Altrusa members achieved through connections with members and the community.
- Help Altrusans develop the skills, knowledge, and confidence to pursue leadership opportunities in Altrusa.
- Create an environment that encourages Altrusans to accept leadership roles, knowing there is always someone there to discuss opportunities and challenges.
- Share experiences on how building leadership skills help in personal growth, both in the club and at work.

The mentorship program can be conducted between members within the same club or can be facilitated between members across the district. If you are interested in starting a program in your club, please see the Mentor Program Guidelines (link above). If you are interested in having a mentor or in volunteering to support another Altrusan please fill out the appropriate application and send it to Sarah Johnson, Leadership Chair, (sarahjohnson1475@gmail.com or 1475 Seattle Slew Dr. SE, Salem, OR 97317). No one will be turned away and there are no minimum qualifications to be a mentor or to request a mentor. Altrusa is an organization that builds leaders. Let us help build your leadership skills in Altrusa and in life.

Sarah Johnson, Leadership Chair, Governor Elect


**Mentor Application**: [https://login.altrusa.org/files/2019/04/Altrusa-Mentor-Profile-Application-Form-fillable-1.pdf](https://login.altrusa.org/files/2019/04/Altrusa-Mentor-Profile-Application-Form-fillable-1.pdf)

**Mentee Application**: [https://login.altrusa.org/files/2019/04/Altrusa-Mentee-Profile-Application-Form-fillable-1.pdf](https://login.altrusa.org/files/2019/04/Altrusa-Mentee-Profile-Application-Form-fillable-1.pdf)

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**ALTRUSA INTERNATIONAL DISTRICT TWELVE STRATEGIC PLAN SUMMARY 2019-2021**

**Vision**: Altrusa is a leader among international organizations improving communities worldwide through a network of member clubs.

**Mission**: To improve communities worldwide by providing service, developing leadership, fostering international understanding and encouraging fellowship through an international network of dedicated volunteers.

**Membership**:
- Grow by increasing membership through Renewal, Retention and Recruiting.
- Support the long term growth of Altrusa clubs by establishing and supporting ASTRA Clubs.
- Altrusans for Life:
  - Connect Altrusa clubs with ASTRA alumni as a new membership opportunity
  - Involve and support ASTRA members at District Conference
  - Identify and Support Clubs developing new ASTRA Clubs
  - Utilize tools and best practices for engaging current members and strengthening retention rates for clubs
  - Utilize tools and best practices for strategically targeting prospective members and building their membership in Altrusa
  - Promote Young Professional Membership category as a key growth strategy
  - Develop New Club Building Task Force

**Leadership**:
- Grow our Community Supporters
  - Inspire our seasoned leaders to be effective mentors for our next generation of leaders
  - Inspire and Develop our next generation of leadership
  - Inspire future leaders to serve in Leadership roles:
    - Review District and Committee structure for streamlining and additional participation district wide.
    - Identify strong leaders in the district, key skill sets and interest in serving in district roles
    - Develop ways to change the board and committee interactions to be more committee driven with board oversight
    - Promote the Mentorship Development Program
    - Identify companies and organizations that promote the success of Altrusa in their community
    - Identify the current state of club by-laws and ensure updating of club and district by-law in accordance with changes made at Convention
    - Develop educational materials and presentation for conference on BRR topics.

**Service**:
- Grow our Community Supporters
  - Lead to a better community through meaningful local projects that also help Altrusa achieve its goals.
  - Support Altrusa International globally through District and Club projects that help lead to a better community.
  - Identify projects currently being supported by International and our clubs
  - Develop resources and contacts for clubs to make use of so they can participate in projects
  - Encourage Altrusans to use the Service project spreadsheet both as resource for ideas and to share local projects

**Communication**:
- Grow our Public Awareness
  - Provide timely, relevant information that empowers our Leaders, motivates Members and connects with our target audiences and with our community-at-large:
    - Develop a district-wide marketing campaign to share our stories with the public—impact of service, ASTRA, etc., to increase awareness and demonstrate value
    - Check with all clubs to identify webpage contact
    - Work with clubs who have substandard websites to improve photos and contact info
    - Develop tools to empower clubs to maximize their brand in their community
    - Work with clubs with inactive Facebook pages to find a champion for the club.

For a full report contact any district board member
From your District Webmaster

My job is to update your Altrusa webpage if your club does not have an inhouse webmaster.

All club webpages have been updated with the most recent contact information for this Altrusa year. Some clubs have also asked me to add more information and photos to their page. If your club would like updates you can email the photos and detail to me and I will make the updates within 1-2 weeks of receiving the information. Let’s make your website one way to get a glance into your club and celebrate your service and community support.

Bettina Schempf
Mamie L. Bass Community Service Award

The Mamie L. Bass Community Service Award was established in July 1963 by the International Board of Directors, as a memorial to the first National President of Altrusa. The name was changed to the Mamie L. Bass Service Award in July 1975 by the International Board of Directors.

OBJECTIVES:

(1) To stimulate interest in developing action programs in the community that fall within the scope of Altrusa’s program of service.

(2) To encourage members of local Clubs to participate actively in service projects designed to meet specific local needs.

(3) To recognize outstanding Club achievement in service to the community.


BEFORE YOU SUBMIT YOUR CLUB’S ENTRY: Due by 3/31/2020

Understanding the Mamie L. Bass Service Award Scoring Guide (expanded in 2018)

The primary goal of this scoring guide is to provide more clarity and specificity to clubs as they apply for the Mamie L. Bass Service Award. The scoring guide should provide more detail as clubs write their submissions for the award. Committee members scoring the award submissions often felt that some of the submissions would have garnered more points had they included additional details in their proposals.

Points where no detail is noted (for example, 15 pts. under Selection of Project) will be awarded if the committee scoring the proposal deems that a description falls between an award of 20 points and an award of 10 points.

### Development and Implementation of the Project (60 points)

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<td>60 pts.</td>
<td>This section has a heading that clearly identifies this part of the submission. The submission identifies, in detail, the action plan identified by the club, and the steps taken to complete the plan. The submission also clearly identifies any communication that occurred between the club and any outside agencies and/or community groups. Resources required for the project were identified and described in detail. It is clear from the submission as to how club members were involved in the project. Finally, the submission describes, in detail, how individuals and/or organizations in the community supported the project.</td>
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<tr>
<td>50 pts.</td>
<td>This section has a heading that identifies this part of the submission. The submission identifies the action plan identified by the club, and steps taken to complete the plan, although some detail is missing, leaving the reader with questions. Some mention is made of communication but little detail is given. Resources required for the project are identified without a lot of detail. The submission states how club members were involved in the project. Finally, the submission describes how individuals and/or organizations in the community supported the project.</td>
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<tr>
<td>40 pts.</td>
<td>The club has not provided a heading that identifies this part of the submission. The submission identifies the action plan, but there is little detail about the steps used to complete the plan. The submission may or may not identify any communication that occurred between the club and any outside agencies and/or community groups but no detail is given. Resources required for the project are not identified or identified with little detail. Little information is given about how club members were involved in the project. Finally, the submission gives little or no information about how individuals and/or organizations in the community supported the project.</td>
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<td>30 pts.</td>
<td>The club has not provided a heading that identifies this part of the submission. The submission identifies the action plan, but there is little detail about the steps used to complete the plan. The submission may or may not identify any communication that occurred between the club and any outside agencies and/or community groups but no detail is given. Resources required for the project are not identified or identified with little detail. Little information is given about how club members were involved in the project. Finally, the submission gives little or no information about how individuals and/or organizations in the community supported the project.</td>
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<td>20 pts.</td>
<td>The club has not provided a heading that identifies this part of the submission. The club identifies their action plan, although they do not clearly identify the details of the plan or what individuals and/or organizations in the community supported the project.</td>
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<td>15 pts.</td>
<td>The club has not provided a heading that identifies this part of the submission. The club describes the aims and objectives of the project but there is little detail about how club members were involved in the project.</td>
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<tr>
<td>10 pts.</td>
<td>The club has not provided a heading that identifies this part of the submission. The club describes the aims and objectives of the project in detail. The detail is sufficient so that anyone unfamiliar with the project will be able to determine the aims and objectives of the project that are clearly identified within the narrative. The club also explains how the project benefited the community.</td>
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<tr>
<td>5 pts.</td>
<td>The club has not provided a heading that identifies this part of the submission. The submission describes the aims and objectives, but there is little detail and the reader is left to make assumptions about the project. There is little information in the submission about why the club chose this project and/or why the project was important to the club.</td>
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### Selection of Project (20 pts.)

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<td>20 pts.</td>
<td>This section has a heading that clearly identifies this part of the submission. The club describes the aims and objectives of the project in great detail. The detail is sufficient so that anyone unfamiliar with the project will be able to determine the aims and objectives of the project that are clearly identified within the narrative. This section also explains why the club chose the project with supporting detail as to why this project was important to the club.</td>
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<td>15 pts.</td>
<td>This section has a heading that identifies this part of the submission. The club describes the aims and objectives of the project. The detail is generally sufficient so that anyone unfamiliar with the project will be able to determine the aims and objectives of the project, although the description may leave the reader with questions. The submission explains why the club chose the project although it may not be clear why the project was important to the club.</td>
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<td>10 pts.</td>
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### Evaluation of the Project (20 pts.)

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<td>20 pts.</td>
<td>This section has a heading that clearly identifies this part of the submission. The club restates their original objectives and assesses whether or not these objectives were achieved and what measures were used to determine their success. The submission gives information on the estimated number of people who were helped by the project. Evidence was given as to the benefits or perceived benefits to the community. Finally, the submission discusses how their project promoted community awareness of Altrusa.</td>
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<tr>
<td>15 pts.</td>
<td>This section has a heading that identifies this part of the submission. The club restates their original objectives and assesses whether or not these objectives were achieved but it isn’t clear what measures were used to determine their success or how those measures were used. The submission gives information on the estimated number of people who were helped by the project. Evidence was given as to the benefits or perceived benefits to the community. Finally, it isn’t clear how the project promoted community awareness of Altrusa.</td>
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<td>10 pts.</td>
<td>This section has a heading that identifies this part of the submission. The club restates their original objectives and assesses whether or not these objectives were achieved but it isn’t clear what measures were used to determine their success or how those measures were used. The submission gives information on the estimated number of people who were helped by the project. Evidence was given as to the benefits or perceived benefits to the community. Finally, it isn’t clear how the project promoted community awareness of Altrusa.</td>
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Supplementary information should not exceed six pages. This supplementary information can include, but is not limited to:
- Photographs
- Questionnaires and/or surveys used as part of the project
- Letters sent to agencies/community organizations about the project
- Copies of newspaper articles about the project
- Club newsletters about the project
**UPDATE FROM PAST GOVERNOR**

LINDA PETERSON

I’m home!! After 3 long months it was decided that I was “strong” enough to go home and I left the skilled nursing facility on 22nd August. I cannot tell you how happy I am to be home and sleeping in my own bed. I do have help for both day and nighttime, and my brother will be here for 6 weeks to take over those chores, but did I mention that I am home? I mentioned to my surgeon that I planned to be walking on 2 legs again by Christmas and he said that it was doable.

I could not have made this long journey without the help of a lot of wonderful people. My thanks to the District Board, the clubs east of the “mountains” for the cards, flowers and visits whilst I was in Kadlec Hospital. To all who sent or signed cards, sent plants, flowers or fruit, once I moved to Mission Care Facility, then to Overlake Hospital for a month’s stay, thank you and to those who followed my progress to LifeCare Centre of Kirkland, again thank you. And to my club members, who visited me, kept my spirits high, and would not allow me to be down in the dumps thank you. On Saturday Sept 7th we had our first club meeting since my accident, it was held at my home, (did I mention that I don’t want to leave it yet?) and I am so looking forward to getting our Altrusa year off the ground and visiting with my Altrusa sisters.

Once again, thank you all for helping me get through this long process. I look forward to using my prosthesis and walking on 2 legs again. See you all in Olympia May 15 2020.

Lest you wonder, not a day goes by that I don’t think of Beth especially as I have borrowed her husband’s recliner chair, it has been such a great help and is something that I can easily get into or out of whilst using the wheelchair.

Thanks to everyone for all of your kind wishes. Linda.

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**MEMBERSHIP**

Sarah Johnson, Governor Elect, District Membership Chair

**WELCOME! New Members of District Twelve**

I can’t tell you how much I enjoy coming home from work and seeing a message waiting from Club Leaders letting me know of new members. Congratulations to each of the Clubs mentioned below! I enjoy even more writing my letters of welcome. Here are some new members to welcome aboard:

Charlene Lysne, Olympia; Jan Betz, Mid Columbia; Ajay Howard, Eugene; and Cheryl Bourgeois, Nanaimo

**EMERITUS Members**

Emeritus status has been granted to the following members:

Margaret Young, Eugene; Nancy Hohenstein, Gig Harbor; Elizabeth Vajda, Roseburg; and Lorraine Beyerlein and Sue Peterschmidt, both of Corvallis.

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**Congratulations!**

These award winning District Twelve Clubs were recognized at the 2019 International Convention.

**Distinguished Clubs:** The Distinguished Club Award recognizes a Club’s activity and productivity at every level of program involvement: Service, Programming, Membership, Leadership, Communication and the International Foundation. Based on a points system garnered from information submitted annually on the Club Annual Report, the award is a good indicator of all-around soundness. The award criteria also can be used to help you plan activities for the year. Note: This survey is currently under review by the Governor’s Council checking for relevancy of all topics and the award criteria.

2017-2018:
- Eugene, OR
- Nanaimo, BC
- Roseburg, OR

2018-2019:
- Eugene, OR
- Longview-Kelso, WA
- Pendleton, OR
- Roseburg, OR

**New Clubs & Sponsors:** Altrusa Int’l of Mid-Columbia, WA, Sponsored by Altrusa Int’l of Hermiston, OR

2018-2019 ASTRA Club Service Award: Winner! ASTRA Club of Pendleton, Oregon sponsored by Altrusa International of Pendleton, Oregon "Lunch Buddies"

Nina Faye Calhoun International Service Award: Winner! Longview-Kelso, WA "Women’s Hygiene Kits, DELIVERED!"

Letha H Brown Literacy Award: Second Honorable Mention - Albany, OR, “Trick or Treat for Books”
Thank you to District Treasurer Maxine Gish and Past Treasurer Anne DeFrancisco for their assistance in preparing them for collating the financial information for the 2017-2019 Biennium.

We are including two summaries a) an actual to budget comparison for the 2017-2019 Biennium and b) an actual to actual comparison for the 2015-2017 and 2017-2019 Bienniums.

Here is a short summary:

**Actual to Budget:**

We ended the Biennium with an overall shortfall of $4,756.95 that we transferred from reserves. This was $6,463.05 lower than we had budgeted.

Income from dues was $3,077 lower than budgeted while the conference raffles brought in $431 more. In-kind donations (which offset operating expenses) were $2,648.52. Those mainly relate to expenses for board meetings that are allowable under our policies but are not claimed by members of the board or committee chairs.

Costs for service to clubs came in $2,414.03 lower than budget, mainly through reduced costs for the incoming governor program and for visitations. The other main costs were the first timer discounts for conference (shown under support to clubs) and awards.

Operating expenses were $4,020.53 lower than budgeted. Savings mainly came from savings for board meetings through board vacancies and free accommodation for board meetings. The only cost overrun was for liability insurance that was unexpected.
PREVIOUS BIENNIUM COMPARISON

<table>
<thead>
<tr>
<th>Income</th>
<th>Jun '17 - May 19</th>
<th>Jun '15 - May 17</th>
<th>$ Change</th>
<th>% Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>4010 - Dues, Full Year</td>
<td>21,805.00</td>
<td>23,617.00</td>
<td>-1,812.00</td>
<td>-7.67%</td>
</tr>
<tr>
<td>4012 - Dues, Late Fee</td>
<td>8.00</td>
<td>32.00</td>
<td>-24.00</td>
<td>-75.00%</td>
</tr>
<tr>
<td>4020 - Dues, Half Year</td>
<td>320.00</td>
<td>310.00</td>
<td>10.00</td>
<td>3.23%</td>
</tr>
<tr>
<td>4030 - Interest on Savings</td>
<td>61.21</td>
<td>105.95</td>
<td>-44.74</td>
<td>-42.33%</td>
</tr>
<tr>
<td>4320 - Raffle/Auction</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4330 - Conference Raffle</td>
<td>5,082.00</td>
<td>6,939.00</td>
<td>-1,857.00</td>
<td>-26.76%</td>
</tr>
<tr>
<td>4331 - Less Foundation</td>
<td>-1,816.00</td>
<td>-4,755.00</td>
<td>2,939.00</td>
<td>61.81%</td>
</tr>
<tr>
<td>4332 - Expenses Raffle/Silent Auction</td>
<td>-835.00</td>
<td>0.00</td>
<td>-835.00</td>
<td>-100.00%</td>
</tr>
<tr>
<td>4333 - Auction Income</td>
<td>2,685.00</td>
<td>0.00</td>
<td>2,685.00</td>
<td>100.00%</td>
</tr>
<tr>
<td>4334 - Auction to Foundation</td>
<td>-2,685.00</td>
<td>0.00</td>
<td>-2,685.00</td>
<td>-100.00%</td>
</tr>
<tr>
<td>Total 4320 - Raffle/Auction</td>
<td>2,431.00</td>
<td>2,184.00</td>
<td>247.00</td>
<td>11.31%</td>
</tr>
<tr>
<td>4340 - District IR Project</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4341 - Income</td>
<td>0.00</td>
<td>990.00</td>
<td>-990.00</td>
<td>-100.00%</td>
</tr>
<tr>
<td>4342 - Outgo</td>
<td>0.00</td>
<td>-990.00</td>
<td>990.00</td>
<td>100.00%</td>
</tr>
<tr>
<td>Total 4340 - District IR Project</td>
<td>0.00</td>
<td>0.00</td>
<td>0.00</td>
<td>0.00%</td>
</tr>
<tr>
<td>4400 - Miscellaneous Income</td>
<td>34.76</td>
<td>0.00</td>
<td>34.76</td>
<td>100.00%</td>
</tr>
<tr>
<td>4450 - Donations in lieu of Payment</td>
<td>2,648.52</td>
<td>2,054.06</td>
<td>594.46</td>
<td>28.94%</td>
</tr>
<tr>
<td>Total Income</td>
<td>27,308.49</td>
<td>28,303.01</td>
<td>-994.52</td>
<td>-3.51%</td>
</tr>
</tbody>
</table>

Gross Profit: $27,308.49 from $28,303.01, a change of $-994.52, or -3.51%

| Expense                         |                  |                  |          |          |
| 5000 - Service to Clubs         |                  |                  |          |          |
| 5020 - Merchant Visa            | 45.90            | 68.85            | -22.95   | -33.33%  |
| 5050 - Support to Club          | 2,600.00         | 3,400.00         | -800.00  | -23.53%  |
| 5100 - Visitations              | 4,820.19         | 6,296.79         | -1,476.60 | -23.45% |
| 5400 - New Club Building        | 250.00           | 0.00             | 250.00   | 100.00%  |
| 5650 - Awards                   | 2,575.00         | 2,200.00         | 375.00   | 17.05%   |
| 5700 - Astra Support            | 894.88           | 869.64           | 25.24    | 2.9%     |
| 6600 - Program Planning - Dist Chairs | 0.00     | 363.18           | -363.18  | -100.00% |
| 6800 - Advance for Conference   | 0.00             | 0.00             | 0.00     | 0.00%    |
| Total 5000 - Service to Clubs   | 11,185.97        | 13,198.46        | -2,012.49 | -15.25% |
| 7000 - Operating Expenses       |                  |                  |          |          |
| 7100 - Board Meetings           | 6,759.09         | 10,170.56        | -3,411.47 | -33.54% |
| 7110 - Parliamentarian          | 771.70           | 752.32           | 19.38    | 2.58%    |
| 7120 - Board/Chairs at Conference | 6,311.59  | 10,020.44        | -3,708.85 | -37.01% |
| 7130 - Board at Early Birds     | 632.00           | 525.00           | 107.00   | 20.38%   |
| 7140 - Board Pins               | 211.51           | 0.00             | 211.51   | 100.00%  |
| 7200 - Convention Registration  | 1,500.00         | 385.00           | 1,115.00 | 289.61%  |
| 7300 - Governor to Convention   | 1,454.00         | 1,163.61         | 290.39   | 24.96%   |
| 7400 - Governor Elect Training  | 800.00           | 0.00             | 800.00   | 100.00%  |
| 7500 - Admin Expenses (Print, postage) | 252.92  | 120.52           | 132.40   | 109.86% |
| 7560 - Bond/Board Insurance      | 2,166.66         | 1,461.34         | 705.32   | 48.27%   |
| 8500 - Miscellaneous            | 20.00            | 265.00           | -245.00  | -92.45%  |
| Total 7000 - Operating Expenses | 20,879.47        | 24,863.79        | -3,984.32 | -16.03% |
| Total Expense                   | 32,065.44        | 38,062.25        | -6,996.81 | -15.76% |
| Net Income                      | -4,756.95        | -9,759.24        | 5,002.29  | 51.26%   |
| 4260 - Trans from Reserve       | 4,756.95         | 9,759.24         | -5,002.29 | -51.26% |
| Net Income                      | 0.00             | 0.00             | 0.00     | 0.00%    |

Previous Biennium comparison

Membership income was down by 7.6% compared to the previous Biennium. It was partially offset by an increase in in-kind contributions from board members and a small increase in raffle and auction income.

Expenses were down by $5,996.81. Costs for services to clubs reduced by $2,012.48 and operating costs were down by $3,984.32.

As a result of the savings the biennium deficit reduced from $9,759.24 to $4,756.95 from the 2015-17 to the 2017-2019 Biennium.

District Twelve Grant Awards (September 2019 Round closed)

3 clubs in District Twelve were awarded a total of $8,000 in the March 2019 round. Congratulations to our clubs in Campbell River, Central Grays Harbor and Longview-Kelso.

There are now two application rounds, March and September. Clubs can now apply in each grant round. The amount requested can be from $250 to $4,000. This is a great way to help out your projects and generate income for your work. See the International Foundation website for the application and details. [https://foundation.altrusa.org/grants-awards/](https://foundation.altrusa.org/grants-awards/)

Please contact me if you have any questions. Bettina Schempf, District Twelve Foundation Liaison; 541-207-2439; Bettina_schempf@yahoo.com